

Book One

Collective Manifestation

*Heart-Centered Blueprints for
Creating Intentional Community*

Melissa Wadsworth

Praise for *Collective Manifestation*

"There are some great books about personal manifestation and the law of attraction. *Collective Manifestation* shows us how to manifest dreams and goals through the power of a group. Melissa Wadsworth offers compelling ways to engage your personal power to create intentional communities that benefit our loving planet." **Marci Shimoff, Best-selling author of *Love for No Reason* and *Happiness for No Reason***

"Melissa Wadsworth takes community building and development to an entirely new level. Her clear and practical questions, tools, structures, and awareness exercises invite creativity and greater potential from both the individual and the collective. As individual members are empowered to bring their best, the community thrives. Understanding that form follows energy, Melissa shows the way toward energetic creation of productive and transformational communities. Thank you for this book!" **Alan Seale, founder of the Center for Transformational PresenceSM and author of *Create A World That Works* and *The Manifestation Wheel***

"In Melissa's inspiring work, we are given an opportunity to explore and envision a new way of creating and sustaining heart-centered communities. In a world that has developed to isolate individuals and fuel competitiveness, we need to envision blueprints for evolving new forms of community and restoring human cohesiveness and co-operation. *Collective Manifestation* helps us to envision, define and manifest structures for more enlightened living." **Julie Umpleby, founder of *Diamond Light World***

"Melissa Wadsworth's book *Collective Manifestation* is based on real experiences! This book, about manifesting group intention is a blessing to all who take the time to learn from it. Using the Akashic Records, her team of co-creators have assembled a "How to" of major proportions. Knowing about this book is useful for when you wish to create something. Owning and using this book will be a resource like your standard reference book that you'll come back to over and over again! Bravo." **Maureen St. Germain, Akashic Records expert, author of *Beyond the Flower of Life* and *Be a Genie***

“I love this book. It describes an inspiring process for establishing an energetic foundation to community building. I know I long for a way to establish community that brings out the best in us and helps us to live in harmony with our earth and all life. This book gives us a blueprint for how we might begin to create such a community. Thank you Melissa for your wise words, your great heart and aspiring mind.” **Sharlyn Hidalgo, author of *The Healing Power of Trees: Spiritual Journeys Through the Celtic Tree Calendar* and *Nazmy — Love is My Religion: Egypt, Travel and a Quest for Peace***

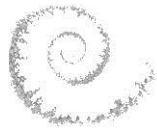
“How do we attain the community we want? Sometimes, if we cannot find it, we need to create it. This book inspires new ways of looking at community, new possibilities and inspirations that may leave you feeling motivated to create exactly the kind of community that would most satisfy you now, one you might not have imagined.” **Suzette Sommer, social media activist**

In *Collective Manifestation*, you will discover a template to build what your heart desires. Whether it's a community, a program, or a business, Melissa shares tools and meditation processes that will help you to begin the process and take it to a new level of awareness. What's particularly special in this template is that it begins with the energy - the yin process. Most of us are used to action - you make a decision, and go for it. With this book Melissa shows us the way to feel the energy of what is being called for us to create - not what we think should be created. Melissa has called on the collective consciousness to be the driving force - no longer are we to do it alone. The power of our manifestation will evolve from co-creating our dreams with people we want to be in community with. Thank you Melissa for sharing your vision of a powerful process that will move us towards a new paradigm of community on our beautiful planet! **Kris Steinnes, founder of Women of Wisdom and Krysalis Leadership**

Collective Manifestation

*Heart-Centered Blueprints
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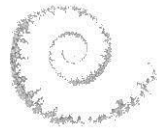
BOOK ONE



Melissa Wadsworth

For all change pioneers . . .

*who imagine the impossible,
befriend the unknown,
and happily offer their brilliance
to the world.*



For all co-creators . . .

*who make a great leap of faith
by simply believing in the power of people
to change the world
in the most surprising and magnificent ways.*

Other Works by Melissa Wadsworth:

Small Talk Savvy (Boston, Adams Media)
The Small Talk Handbook (Kindle Edition)

Dream Board Magic
(digital course)

Blocked to Brilliant
(digital coaching program)

Picturing Your World
(eBook)

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Blogs

Loving Manifestation
<http://www.collectivemanifestation.com/blog>
Manifesting Magic
<http://www.melissawadsworth.com/blog>

Contents

Author's Preface: Engaging the Impulse to Create Heaven on Earth

PART ONE: PRACTICAL CORE BLUEPRINTS

Introduction: The Conscious Hive

Chapter 1: What is New Intentional Community?

Chapter 2: The Creator Heart

Chapter 3: Community Values

Chapter 4: Foundational Focus

Chapter 5: Release and Healing Into Oneness

Chapter 6: The Power of Play

Chapter 7: Seeding Intention

Chapter 8: Nurturing Shared Success

Chapter 9: Anchoring in Love Currency

Chapter 10: Earth Incubation

Chapter 11: Germination and Transformation

PART TWO: ESSENTIAL INTUITIVE BLUEPRINTS

Chapter 12: Heart & Soul Central

Chapter 13: Holding Frequency

Chapter 14: Meditative Visioning

Chapter 15: Dream Boards

Chapter 16: Akashic Records

Chapter 17: Earthheart Matters Process

PART THREE: MANIFESTING COLLECTIVE BRILLIANCE

Chapter 18: Magical Realism

Chapter 19: Light into Form

Chapter 20: Living as a Heart Force

Epilogue: A Love Letter

Acknowledgments

Appendix 1: Manifestation Symbols

Appendix 2: New Village 22 Meditation Summaries

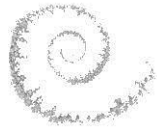
Resources

New Village 22 Biographies

Collective Manifestation

*Heart-Centered Blueprints
for Creating Intentional Community*

BOOK ONE
RECEPTION



AUTHOR'S PREFACE

Engaging the Impulse to Create Heaven on Earth

It's October 2012 and suddenly I am imagining heaven on Earth. I am visioning into what is possible. Not as a fantasy world, but as a community filled with unlimited joy and potential, an entirely different energy.

This new vision is the opposite of all the dark future scenarios being portrayed in popular movies and being discussed in social media. These disheartening fantasies severely limit our imagination. Technologies advance only to keep humankind more enslaved than ever by dark forces refusing to relinquish power. Even in scenarios set hundreds of years from now, women are still being treated as objects to degrade; men are robot-like, having successfully been "raised" to subvert all inclinations of light. These are anti-compassion-empathy-love-joy-peace visions of anti-heroes and villains lazily rendered. Even the best of the future visions include war and the destruction of Earth's beauty and life. All this dominant darkness got me thinking about dreams that facilitate light and love.

For years I have dreamed of starting a retreat center for exploring personal growth, creativity and spirituality — a place of healing, beauty and easy exuberance. Then one day I was at the gym on the elliptical machine and a thought popped into my head: "**It's not a retreat center, it's a village!**" That simple shift in consciousness from individual desire to collective possibility changed everything.

A longing for a new community must have been percolating for a long while without my consciously knowing it. As a kid I thought Disneyland looked like a good community to belong to. There were magical journeys, exciting adventures, tree houses and families that got along through humor and love — all of which excited the dreamer in me. This was a world I longed to inhabit. As a teen, I recall having the inkling that it would be cool to be an architect. Now I realize that this insight was a seed planted that would take many years to grow, evolve and take shape in an altered form — the form of offering new energetic blueprints for new intentional community.

In my late thirties I took the first steps to actually explore a new way of living. As I thought about purchasing my first home, I investigated and seriously considered becoming part of a co-housing project. In the end, due to the uncertainty of how long it would take the co-housing project to manifest, I bought a traditional townhouse. Still it was a home connected, rather than set apart from others, something that would continue to be important to me.

As timing is always perfect, this village inspiration arrived at a time when my own personal evolution made it possible for me to actively shepherd this vision — to let it flow through me. I understood finally that my life is a vehicle for divine light, which is always in service to something bigger than what my mental mind can imagine. I would not have dreamt it, but having received it, I can easily imagine the potential inherent in exploring what community can be.

As this inspiration got on my radar, I began to become aware of other community pioneers who have set out, mainly in the last twenty to forty years, to redefine what community can look like. Futurists like Buckminster Fuller long ago realized that we had barely scratched the surface of what was possible in terms of architecture, systems, innovations, sustainability and design.

What I have realized is that stepping into a new community vision is to live fully awake like never before, to be lit up spirit, heart and mind. It offers fascinating and ongoing opportunities for learning about what others are doing, and for consciously participating in the evolution of

collective consciousness. It offers the excitement of new beginnings, of operating from a new construct, and of developing trust in a process that unfolds answers and solutions innovatively and intuitively.

The group I have brought together from this spark of inspiration is called New Village 22. It is our intention that our community be a powerful anchor on this planet for creative expressions of love and joy, fruitfulness and harmony, curiosity and discovery, energetic collaboration and spiritual radiance.

Communities like this, created around the globe by people like you and me, will benefit individuals, collective humanity, and the entire cosmos. The expansive high energy being generated already by countless people who have answered the call to co-create community is immense.

Are you a community pioneer dreaming of manifesting a new way of living and interacting? Do you embrace the potential of communities online, in virtual realities, in your own town, or somewhere entirely new? Do you long to find where you most belong?

If you are called to take part in creating a new sense of community, whether you are three people or three thousand, this moment is ripe for you to engage your great potential with the brilliance of others. We are each a source of light that can be accessed and expressed in remarkable ways. We are each a wellspring of perfectly aligned interests, knowledge and skills that can complement and enhance the passions and experience of others. There is a choice to be made. Where we once sourced this brilliance individually, we are now being called to source brilliance collectively, to form an expanded and unified field of radiant possibility.

My greatest hope is that, one vision at a time, we expand what is possible for ourselves and for this beautiful planet we inhabit.

Are you ready to shift into your most loving and brilliant self? Are you willing to share your radiance and magnificence with an open heart as you become *one* with all hearts?

Now is the time to be filled with immense joy and a sense of infinite possibility like never before. It's time to tune into the energetic impulses to create for the good of all.

May each of you passionately express your talents and gifts without worry about whether or not there is a place in the world for someone like you. There is most certainly a place and a need for what only you have to

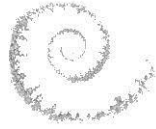
offer. Occupy your life fully and you will find your community, your tribe. Engage your vision and you will know whom to invite into the community you'd like to see in the world.

In love and radiance,
Melissa Wadsworth

Part I

**PRACTICAL
CORE BLUEPRINTS**

*When we release our old ways in order to embrace the unknown
with an attitude of trust and wonder it becomes the ride of a lifetime.
~ Zen Gardner*



INTRODUCTION

The Conscious Hive

Let's build community based on healing, honey and harmony.
~ Sharlyn Hidalgo, author and Alchemical Healing teacher

Similar to the concept of the hundredth monkey, where the collective shifts once a critical number of members embrace a new idea, I believe a domino effect is already in play around new versions of intentional community.

I wrote *Collective Manifestation, Heart-Centered Blueprints for Creating Intentional Community* to inspire the development of cohesive groups that will purposefully break from conformity, social programming, and status quo systems to address global issues, expand human potential, and explore new possibilities for living in the material world lit up from one's engaged heart and soul.

Part One of *Collective Manifestation* provides practical organizing blueprints that facilitate vision, focus and action. Each exercise is designed to help you clarify what your community will be (and not be), and how it will connect to the greater world. These processes are especially effective for the smooth initial creation of your community in terms of organization, communications, and authentic connection. This book is not strictly linear; it's multidimensional. There will be points when you'll be prompted to go to Part Two to pick up a specific intuitive tool that elevates your "playing-with-reality" ability.

The second part of *Collective Manifestation* offers intuition development processes that add an energy-play dimension to establishing

an intentional community. This is the expansive part of community creation, building on the knowledge that everything is energy. These processes enable you to establish an intentional energetic foundation for your group. These processes are especially effective for empowering community intentions and connecting members to heightened creativity and problem solving, and to deeper learning and wisdom. Developing collective intuition is a portal to understanding sacred energetic alignments.

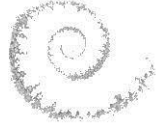
Part Three of *Collective Manifestation* illustrates how the practical and intuitive processes merge to bring about intentional communities bursting with electric possibility. By the end of this book you will have a good understanding of the essential aspects of heart-centered collective manifestation. After many years of teaching the law of attraction and intuitive dream boards, I'm thrilled to be sharing blueprints for adapting these wisdom practices to the collective manifestation that is happening now.

Keep an open mind and open heart. The material that is meant to inspire you, will. This book is not about one right way to form the best community for the 21st century. It's about utilizing the brilliance of your mind and heart in new ways. It's about shifting into inspired authentic expression and expansion for the good of self and others. Use what resonates and fits your particular community goals.

Of course, someone must be willing to engage group members in the exercises presented here, and to keep track of your progress. If you are the leader of your new community, that person is you. This book is designed to help make this a simple process. Don't overcomplicate. Remember this is new community, not a copy of old, red-tape, over-processed community. Believe that it can all unfold more easily than anything you have ever done.

Follow your allied hearts and spirit-driven creativity in honor of the belief that the time for collective brilliance is now. Each person has genius to contribute to help pollinate new projects and outcomes for the benefit of all. Let's move toward the realization of heaven on earth.

Thank you for saying “Yes” to this opportunity. Welcome to new community. You were always meant to arrive here. Your inner home beacon has brought you this far and will continue to guide you perfectly.



CHAPTER 1

What Is New Intentional Community?

*Community means strength that joins our strength to do the work that needs to be done... A circle of friends.
Someplace where we can be free.*
~ Starhawk, American writer and social activist

The process of refreshing the concept and purpose of community has recurred throughout human history. Over the last two or three decades much of what is innovative in community revitalization has flown under the radar of the general public. Where there has been structural decline and widespread impersonalization in many mainstream or generic communities, innovation and deep connection characterize more experimental communities. From the co-housing and ecovillage movements, to online communities, and worldwide spiritual and societal laboratories, intentional communities are shaping a new world reality.

These purposeful communities seek ways to thrive through shared vision and daily focus. They encourage sharing one's life, one's presence, and one's gifts in a larger context than personal gain. Rather than fix what is unworkable in current community, the trend is to begin anew with intention, devotion and dedication to what a committed group of individuals can create when they are inspired, fully engaged, and purposeful. Are you ready to shift into this new perspective of connectedness?

It is easy to argue that community in much of the United States is made up of disconnected elements that have lost any sense of shared

context. We are in residence, rather than being in community. This stems from an outward societal focus on consumption — how much can I acquire, buy and own. Yet, such an outward focus does not necessarily promote neighborliness or true personal connections, just as convenience does not fill us up in any true meaningful way.

Have you felt it — how we've have lost the sense of shared connection that comes from sharing our inner brilliance? Individual goals and greed splinter community cohesiveness. Social isolation is pervasive. Whether or not we interact with one another seems a factor of casual friendliness rather than deeper or higher purpose. Engagement with others is often filled with perceived societal expectations rather than with the intention and desire to know others. When I lived in Princeton, New Jersey, in the late 80s, people left their townhouses in the morning for commutes to New York or Philadelphia, and returned at night without having had any interaction with neighbors. As a single person, I found few opportunities to take advantage of the beautiful location in the company others. So I left as soon as I could.

There are exceptions, of course. There are close-knit communities that support members and bond together during times of challenge. They generally know each other's life stories or at least about current living situations. The best communities create reasons for individuals to gather, to share of themselves, and to receive meaningfully from one another.

Right now we have the opportunity to take our natural inclination to be part of something bigger than ourselves to expansive new heights. Something new is emerging: active communing that lovingly serves individuals, local populations, and the greater world of all living beings.

New essential communing

Creating new community is a tapping into what it means to commune at this point of our human history. What is possible? What is desired? What structures help us to leap forward in a healthier relationship to Earth? What values facilitate a more engaged connection to daily life for people of all ages? What discoveries and inventions arise from communing with spirit as the first basis of creation?

Those who are being called to create new community are utilizing a broad spectrum of perspectives, interests, skills and resources to do so. For some the alluring possibilities inherent in technology lead to innovation related to what is possible online and in virtual worlds. Others are strongly inspired by what is possible in terms of architectural forms that facilitate the effective functioning of new community. There are those who are called to rebel against current societal limitations in order to create societal structures that are more inclusive and more reflective of current lifestyle choices and values.

We are each responsible for the reality we call into being individually and collectively. Essential communing amplifies what we can be, do and create as individuals who choose to join as a unified force. The basis of new intentional community is a fresh realization that we are connected rather than separate beings. This realization is showing up in fascinating and amazing ways, as more individuals break free from limited thinking, acting and being.

Essential communing strengthens our resolve to lead life from the heart-mind (love-based heart wisdom and knowing in the moment) rather than the ego-mind (comparison-based mental judgments and fear). Many, if not most, of us have been taught to put our brains in charge and to question the wisdom of the heart. So it is quite a shift to lead from the heart in a truly trusting manner. Yet, this is how we can begin to manifest a balanced reality, how we will harmoniously co-create with our wonderful minds.

Essential communing is about authentic relationships transpiring in common and surprising fashions. In today's intentional communities you will find lively engagement and support whether it's ongoing, project-based, or found in periodic conversations. You will discover people stepping out of traditional roles to inhabit roles that didn't exist ten years ago. You will notice people asserting their personal flair as part of a team effort. It's an opportunity to expand one's sense of self and to play with manifestation in a grander framework.

New community is the opportunity to create space where mind, heart and soul align progressively. Life-long community participant Suzanne

Anderson describes communing as a “deep conversation, as a challenge to grow and develop.”

To come back to the essence of community, there is a need for shared goals, values and vision that energizes and engages the whole, while generating an atmosphere of belonging and love. The first part of this book offers tools and exercises for facilitating such a shared context.

Within refreshed community, we can connect to our creator-healer-always-learning selves by acknowledging, sensing and bonding more deeply with the sacred energy that is always present for us. The second part of this book will present tools and processes for expanding intentional energy in order to manifest more creatively and intuitively.

Collective manifestation shift: from exclusive to inclusive community

In the past community was a place of security. Over the past fifty or so years we saw the rise of gated communities and other exclusionary enclaves focused on security for a few rather than on peace and prosperity for the whole. Now we are shifting from "I" to "We" in a new form. Today's "We" is not just about taking care of one's immediate community; it's about having a ripple effect out into the greater world.

New community is not about everyone being the same or fitting some kind of idealized profile. Inclusiveness is about allowing for authenticity. It's about playing with how different perspectives, inclinations, and personality patterns can benefit the whole. It's about each person owning their leader self. No two communities can be exactly the same. Each intentional community is comprised of members with individual gifts and goals. Each community is a hive for specific activity and pollination.

If you look at how society's collective comfort zone keeps getting challenged you begin to appreciate that even when we don't chose inclusiveness, it happens anyway. There's no way to prevent consciousness expansion. In the modern era, the social and political rights of minorities challenged majority structures and practices. Affirming gay rights is segueing into accepting transgender rights. In education, dyslexia appeared as a non-conforming learning style and was quickly followed by

ADD, ADHD, and autism — all of which challenges us to adopt and accept new ways of learning. Minority spiritual practices, like Wicca and Paganism, challenge societal myths and narrow views of what spirituality is and how it shows up as rituals and practice.

In every area of life we are presented with people who are here to turn these social norms on their heads. Inclusiveness is not about fixing other people; it's about making room for what they uniquely offer society and the world. It's about giving each person the space to find their own remarkable way to contribute. Humanity will continue to successfully navigate life on Earth not because we've managed to corral and limit the diversity of human expression, but rather because human potential expands whether we like it or not.

I believe today's intentional communities welcome differences — integrating them in exciting ways rather than expecting assimilation. And communities will increasingly have the desire to actively connect and collaborate with other communities. I envision networks of communities interacting in remarkable ways that nourish the whole world. Each group is essential to, influences, and supports the big-picture global community that we are co-creating.

Intentional community includes any group that connects to influence and further human potential and positive global change. This might be athletes expressing physical potential, healers advancing healing modalities, gardeners creating urban oases, and supportive parenting forums. In linking together in meaningful ways activists amplify their efforts, creatives expand and elevate expressions of public art and entertainment, researchers establish more effective ways of complementing each other's work, and independent entrepreneurs provide vital support, feedback and social connection for one another, and much more.

So while we haven't broken completely free from the constructs of old social programming, we are giving ourselves permission to explore what it means to *belong*. More than ever, you have more options for belonging, for bringing back a sense of connectedness into your life, for living bravely and exploring new community terrain.

Physical intentional community

There will always be intentional communities that manifest at geographical locations around the world, like the Damanhur Federation in Northern Italy and the Findhorn Ecovillage in Scotland. This includes the many co-housing, agricultural, environmental and spiritual communities scattered around the globe. These attract people who want, in varying degrees, to immerse themselves in a shared life experience. There is something singularly satisfying in bringing vision and lifestyle ideas into physical manifestation this way. These physical communities help embody heart-energy on our planet through daily communing, ceremonial rituals, physical structures, and a close relationship to nature and to the spirit of the place they occupy.

Intentional community includes groups that come together for special events in order to bring awareness to changing social, spiritual and cultural dynamics, and to provide periodic learning forums. Several years ago I co-founded a group called Women Embracing Change with four other women. Rather than individually trying to lead seminars and workshops focused on helping women in midlife deal with personal and business challenges and changes, we joined together to do so. This enabled us to share the work of putting events together and to offer participants a broader range of topics for discovery, on an ongoing basis. What could have been a hassle for one person really became a fun growth opportunity and community adventure for the five of us, based on our sharing the value of learning.

Such event-based communities shine an inspiring light on emerging areas for personal growth and collective wisdom expansion. They allow people to unite with clear intention. The success of the TEDx events is a great example of the global response to open-hearted conversation and the exchange of ground-breaking ideas. Truly the potential for intentional communities to do amazing things in the world is unlimited. No longer do you need to go it alone or to be isolated. In fact, going it alone is passé, part of the old paradigm. It's easier than ever to connect with others who desire the social rewards of community. And all around you are opportunities to contribute your energy to a committed group of people

who have great ideas and passion, and who generously share what they know.

Online intentional community

Today's intentional community also include the growing number of groups that meet online, in social media, through blog feeds, coordinated remote events, and even in virtual worlds. These online communities create energetic hubs for specific focus, discussion, and learning. The online format makes it simple to engage and initiate with others. This layers life in a meaningful way that was unimaginable before the advent of the World Wide Web, blogging popularity, and the explosion of social media.

Award-winning Indian documentary film-maker and digital creative director Raja Choudhury of Delhi is a successful online community leader. Ever since his days in architectural school in the 1980s he has been able to envision communities existing in cyberspace. Yet, until technology catches up with the 3D structures needed to support his particular vision, he channels his desire for meaningful community into social media. He founded Spirituality and Consciousness on the social media website LinkedIn five years ago. It currently has 7000 members comprised of coaches, healers, and healing businesses.

According to Raja, online groups hold the potential for amazing collective outcomes. "At the strictly materialistic level there is a high to seeing the number of members climb each day and to see the stats of people using the community. At the next level is the sense of community — the etiquette, friends you make, words of wisdom that comfort you, group support, group therapy and ideas. This is good for healing and avoiding the loneliness and aloneness of the spiritual quest."

Raja shares that at another level cohesive groups can mentally, emotionally and spiritually shift a large number of people all at once. "Every once in a while a nugget of wisdom blows through one of the discussions and hundreds of people are affected. You never know what wisdom will come, what ideas will emerge, what new thoughts may just

change your life. It is quite wonderful to see enlightenment and spiritual companionship evolve in unusual ways amongst members.”

Social media activist Suzette Sommer likewise believes that social media is a great way to connect with people who have similar dreams, hopes, concerns and commitments. With nearly four thousand worldwide followers on Facebook, she focuses on connecting to others through political and social-change topics. “Finding each other in this world is validating and encouraging — to know that we are not alone; to realize what we have in common with many people worldwide.”

Researchers are looking at the rise of community in virtual worlds like Second Life. Jessica Falcone, assistant professor of sociology, anthropology and social work at Kansas State University, has studied the practice of Buddhism on Second Life. What she has observed is that participants use the virtual world to replicate what happens in the physical world — meditation, and participation in religious events. They also gather virtually to complement their real-world practice.

New intentional community is flexible. My own group envisions a future physical representation of the remote group we currently are. Once you are able to break free from your ego dictating the outcomes, and can open up to what wants to appear through heart guidance, the possibilities explode. You can assemble community in one format that meets current needs and transition to another form if appropriate or helpful. It’s all about the intent and desire of the collective manifesting the community reality.

Each of these community options layer life with new dimensions of possibility for connection, experience and innovation. For each individual coming into such communities, the question is: “What will you do with the opportunities you have to connect to others and how will you create the world of your dreams?”

Collective Manifestation Blueprint Exercise: Defining Your Community

I recommend that you keep a written notebook or online journal to help consolidate the clarity you receive from engaging the exercises in this book.

1. To help define your community, answer the following questions:

- ④ What kind of community do you wish to be?
- ④ What is the best form and function of your group? Here are some questions you can use to facilitate the conversation with your community.
 - Are there immediate agreements about what form your group will take?
 - Will you be a project-based community that unites only for specific projects?
 - Are you an online group?
 - Do you connect in person?
 - Are you a residential or business community? Or other?
 - How do you or will you meet up — through discussions, project work, volunteer projects, remote assignments, in person?
 - Would using existing structures/buildings/homes help to establish your community? If “Yes” who could you align with to do this?
 - Is a specific environment necessary for your central community focuses?
 - Do you have a schedule and deadlines for your work or are you more loosely organized?
- ④ How does (or will) your group or community practice inclusiveness? What inclusiveness is important to you?

④ What is your community purpose?

- **Community leaders/organizers:** *What is, or will be, the purpose of your community?*
- **Community members:** *If you are interested in joining a community effort, what purpose would attract you to it?*
- **Leaders and members:** *Why is this purpose important to you? What difference might it make in the world?*

2. Review your answers and create a brief description (1-3 sentences) of your community.

3. Create an invitation for others to join you. What would it say?